What is possible when we practice the Art of Listening to Trauma and Beyond?

You are invited to play the Flow Game with us on 19 December

Trauma is a highly personal experience which impacts collective processes and entire fields in invisible ways. This Flow Game is an invitation to begin an inquiry at a very personal level - what is your own question about how trauma affects your life and your hosting? From this inquiry into the personal, we hope to capture insights that can inform the hosting field and open new possibilities for inviting trauma to play a positive and transformative role in our work. We hope that this will be the beginning of an ongoing conversation about welcoming trauma and healing into our hosting work. So you are warmly invited to come with your personal question and a willingness to explore your own shadow and vulnerabilities within the container of a hosted Flow Game.

Date and time: December 19, 10 am to 6 pm

Place: We will play this Flow Game either in Brussels or in a place not far from Brussels - depending on what life is offering us.

Contribution: There is no fee for participating in this gathering. It is our desire to give it as a gift in support of healing in the world, just as we have been gifted with the life experiences that allow us to host it. Any financial contributions will be used to cover the cost of refreshments with the remainder gifted to the project "Dorpsstraat - The New Life".

Trauma and Beyond

What does it mean for me to host myself and others when trauma shows up: in me or in someone else while I am hosting, or in the circle as a sign of collective trauma? What can I still learn about helping myself and others to find resolution in such circumstances?

What is possible when we invite each of us to be present with our wounds, with our vulnerabilities, with our shame, with our joys, with our dreams, with our creativity? What is possible when we fully embrace all that wants to be witnessed?
This conversation will take the form of a full-day Flow Game.

The Flow Game is a board game for up to eight players to explore personal or collective questions. The game is designed to stimulate hosted conversation and to bring new perspectives to the questions that participants bring to the game. Find out more about the Flow Game on the dedicated website.

Participation will be limited to 8 people. To register: please send an email message to sryman@gmail.com and/or to michaela.sieh@gmail.com

Your hosts for this conversation:

Steve: I've had my work described as that of a Sacred Outsider. Currently, I am a nomad responding to opportunities to support healing and the emergence of new ways of being and living together. I have been engaged in witnessing and in opening and holding space for transformational conversations in myriad settings and cultures. My passion is for conversation and collective processes for creating the more beautiful world that we desire.

Michaela: Questions around trauma and healing have always been very present in my life, in my hosting, in my writing on abuse and violence and in my research on bereavement rituals. Co-creating a safe and sacred space in which the unspeakable can be spoken: this is my hope for our Flow Game and for many more gatherings to come.

Temenos is a sacred space, a sanctuary.

— an invitation from heart to heart to speak the unspeakable

— an invitation to experience our shared humanity

— temenos has held us safely has allowed us to rest and to move forward

— temenos has seen us circling the abyss

— together, we can host the temenos of healing for all of us

We look forward to welcoming you and send you warm greetings,

Steve Ryman and Michaela Sieh